

## MOBILE APP TERMS AND CONDITIONS OF USE

### 1. About the Application

- a. Welcome to Heels Down Fitness (the '**Application**'). The Application provides workout programs (the '**Services**').
- b. The Application is operated by Heels Down Fitness (ABN 34994868384). Access to and use of the Application, or any of its associated Products or Services, is provided by Heels Down Fitness Please read these terms and conditions (the '**Terms**') carefully. By using, browsing and/or reading the Application, this signifies that you have read, understood and agree to be bound by the Terms. If you do not agree with the Terms, you must cease usage of the Application, or any of its Services, immediately.
- c. Heels Down Fitness reserves the right to review and change any of the Terms by updating this page at its sole discretion. When Heels Down Fitness and its digital developers (Elegant Media Agency) updates the Terms, it will use reasonable endeavours to provide you with notice of updates to the Terms. Any changes to the Terms take immediate effect from the date of their publication. Before you continue, we recommend you keep a copy of the Terms for your records.

### 2. Acceptance of the Terms

You accept the Terms by using or browsing the Application. You may also accept the Terms by clicking to accept or agree to the Terms where this option is made available to you by Heels Down Fitness in the user interface.

### 3. Registration to use the Services

- a. In order to access the Services, you must first register for an account through the Application (the '**Account**').
- b. As part of the registration process, or as part of your continued use of the Services, you may be required to provide personal information about yourself (such as identification or contact details), including:
- c. You warrant that any information you give to Heels Down Fitness in the course of completing the registration process will always be accurate, correct and up to date.
  - a. Email address
  - b. Password
  - c. Full Name
- d. Once you have completed the registration process, you will be a registered member of the Application ('**Member**') and agree to be bound by the Terms.
- e. You may not use the Services and may not accept the Terms if:

- a. you are not of legal age to form a binding contract with Heels Down Fitness;  
or
- b. you are a person barred from receiving the Services under the laws of Australia or other countries including the country in which you are resident or from which you use the Services.

#### **4. Your obligations as a Member**

- a. As a Member, you agree to comply with the following:
  - a. you will use the Services only for purposes that are permitted by:
    - i. the Terms; and
    - ii. any applicable law, regulation or generally accepted practices or guidelines in the relevant jurisdictions;
  - b. you have the sole responsibility for protecting the confidentiality of your password and/or email address. Use of your password by any other person may result in the immediate cancellation of the Services;
  - c. any use of your registration information by any other person, or third parties, is strictly prohibited. You agree to immediately notify Heels Down Fitness of any unauthorised use of your password or email address or any breach of security of which you have become aware;
  - d. access and use of the Application is limited, non-transferable and allows for the sole use of the Application by you for the purposes of Heels Down Fitness providing the Services;
  - e. you will not use the Services or the Application in connection with any commercial endeavours except those that are specifically endorsed or approved by the management of Heels Down Fitness;
  - f. you will not use the Services or Application for any illegal and/or unauthorised use which includes collecting email addresses of Members by electronic or other means for the purpose of sending unsolicited email or unauthorised framing of or linking to the Application;
  - g. you agree that commercial advertisements, affiliate links, and other forms of solicitation may be removed from the Application without notice and may result in termination of the Services. Appropriate legal action will be taken by Heels Down Fitness for any illegal or unauthorised use of the Application; and
  - h. you acknowledge and agree that any automated use of the Application or its Services is prohibited.

#### **5. Payment**

- a. Where the option is given to you, you may make payment for the Services (the '**Services Fee**') by way of:

- a. Credit Card Payment ('**Credit Card**')
  - b. All payments made in the course of your use of the Services are made using in-app purchase. In using the Application, the Services or when making any payment in relation to your use of the Services, you warrant that you have read, understood and agree to be bound by the in-app purchase terms and conditions which are available on their Application.
  - c. You acknowledge and agree that where a request for the payment of the Services Fee is returned or denied, for whatever reason, by your financial institution or is unpaid by you for any other reason, then you are liable for any costs, including banking fees and charges, associated with the Services Fee.
  - d. You agree and acknowledge that Heels Down Fitness can vary the Services Fee at any time .

## **6. Refund Policy**

Heels Down Fitness will only provide you with a refund of the Services Fee in the event they are unable to continue to provide the Services or if the manager of Heels Down Fitness makes a decision, at its absolute discretion, that it is reasonable to do so under the circumstances (the '**Refund**').

## **7. Copyright and Intellectual Property**

- a. The Application, the Services and all of the related products of Heels Down Fitness are subject to copyright. The material on the Application is protected by copyright under the laws of Australia and through international treaties. Unless otherwise indicated, all rights (including copyright) in the Services and compilation of the Application (including but not limited to text, graphics, logos, button icons, video images, audio clips, Application, code, scripts, design elements and interactive features) or the Services are owned or controlled for these purposes, and are reserved by Heels Down Fitness or its contributors.
- b. All trademarks, service marks and trade names are owned, registered and/or licensed by Heels Down Fitness, who grants to you a worldwide, non-exclusive, royalty-free, revocable license whilst you are a Member to:
  - a. use the Application pursuant to the Terms;
  - b. copy and store the Application and the material contained in the Application in your device's cache memory; and
  - c. print pages from the Application for your own personal and non-commercial use.

Heels Down Fitness does not grant you any other rights whatsoever in relation to the Application or the Services. All other rights are expressly reserved by Heels Down Fitness

- c. Heels Down Fitness retains all rights, title and interest in and to the Application and all related Services. Nothing you do on or in relation to the Application will transfer any:
  - a. business name, trading name, domain name, trade mark, industrial design, patent, registered design or copyright, or
  - b. a right to use or exploit a business name, trading name, domain name, trade mark or industrial design, or
  - c. a thing, system or process that is the subject of a patent, registered design or copyright (or an adaptation or modification of such a thing, system or process),to you.
- d. You may not, without the prior written permission of and the permission of any other relevant rights owners: broadcast, republish, up-load to a third party, transmit, post, distribute, show or play in public, adapt or change in any way the Services or third party Services for any purpose, unless otherwise provided by these Terms. This prohibition does not extend to materials on the Application, which are freely available for re-use or are in the public domain.

## **8. Privacy**

Heels Down Fitness takes your privacy seriously and any information provided through your use of the Application and/or Services are subject to Heels Down Fitness's Privacy Policy, which is available on the Application.

We value you as our customer and we are committed to protecting your privacy so want to share the following information, which outlines the information we collect from you, how we use this information and your rights in relation to this.

We are committed to managing personal information in accordance with the Australian Privacy Principles under the Privacy Act 1988 (Cth), the General Data Protection Regulation (EU) 2016 / 679 (GDPR) and in accordance with other applicable privacy laws.

By accepting this Privacy Policy, you consent to us collecting, using and disclosing your Personal Information including your Health Information in accordance with the terms of this policy.

## **9. DISCLAIMERS – MEDICAL**

9.1. The Services include information and instructions relating to diet, yoga, exercise, fitness, mind health and meditation, and some of the products and services available through the Services relate to such topics. You acknowledge and agree that the disclaimers in this clause 7 apply to all such information, instructions, products and services.

9.2. Before participating in any diet, yoga or exercise program or using any diet or fitness products or services that may be described and/or made accessible in or through the Services,

we strongly recommend that you consult with a medical practitioner or other healthcare provider. Heels Down Fitness, its directors, other officers, employees, shareholders, agents and affiliates and other content providers are not licensed medical practitioners, are not rendering personal medical advice or treatment, and have no expertise in advising on, diagnosing, examining or treating medical conditions of any kind, or in determining the effect of any specific exercise or diet on a medical condition.

9.3. Heels Down Fitness and the Services are not substitutes for medical advice from your doctor or healthcare provider. We make no warranties or representations, express or implied, as to the completeness, accuracy, or appropriateness for any purpose of any information, content, product or service contained in the Services.

9.4. Health advice is often subject to updating and refining due to medical research and developments. We are committed to bringing you the most up to date information, however We give no guarantee or assurance whatsoever that the information or content that are part of the Services is the most recent on any particular subject.

9.5. You should never disregard medical advice or delay seeking it because of a statement you have read or heard on by Heels Down Fitness and/or in any Services. Heels Down Fitness and the Services should not be used in lieu of advice given by qualified medical professionals, such as your doctor or registered dietitian. It is important that the Services are used only in conjunction with qualified medical guidance. You are encouraged to consult with your health care provider with any questions or concerns you may have regarding any health condition before starting any yoga, Pilates or other exercise or fitness program or making changes to your diet in order to determine whether the Services are appropriate for you.

9.6. We take reasonable precautions to ensure that the Services are safe. However, you acknowledge and agree that, when participating in any diet, exercise, yoga or fitness program, or when using any diet or fitness products or services, there is the possibility of physical injury and death. Given the disclosures and disclaimers by Us, you assume the risk and responsibility for any such results or outcomes.

9.7. If you know or suspect that you may be pregnant, have an eating disorder, have diabetes or have any other physical or medical condition, it is imperative that you seek the advice of a medical practitioner before using any information, goods, services, diet, exercise or fitness program available, advertised or sold on or through the Services. If you experience any

discomfort, pain or other unexpected side effect during a diet, exercise or fitness routine, you must immediately cease the activity and seek the assistance of a physician.

## **9. General Disclaimer**

- a. Nothing in the Terms limits or excludes any guarantees, warranties, representations or conditions implied or imposed by law, including the Australian Consumer Law (or any liability under them) which by law may not be limited or excluded.
- b. Subject to this clause, and to the extent permitted by law:
  - a. all terms, guarantees, warranties, representations or conditions which are not expressly stated in the Terms are excluded; and
  - b. Heels Down Fitness will not be liable for any special, indirect or consequential loss or damage (unless such loss or damage is reasonably foreseeable resulting from our failure to meet an applicable Consumer Guarantee), loss of profit or opportunity, or damage to goodwill arising out of or in connection with the Services or these Terms (including as a result of not being able to use the Services or the late supply of the Services), whether at common law, under contract, tort (including negligence), in equity, pursuant to statute or otherwise.
- c. Use of the Application and the Services is at your own risk. Everything on the Application and the Services is provided to you "as is" and "as available" without warranty or condition of any kind. None of the affiliates, directors, officers, employees, agents, contributors and licensors of Heels Down Fitness make any express or implied representation or warranty about the Services or any products or Services (including the products or Services of Heels Down Fitness) referred to on the Application. This includes (but is not restricted to) loss or damage you might suffer as a result of any of the following:
  - a. failure of performance, error, omission, interruption, deletion, defect, failure to correct defects, delay in operation or transmission, computer virus or other harmful component, loss of data, communication line failure, unlawful third party conduct, or theft, destruction, alteration or unauthorised access to records;
  - b. the accuracy, suitability or currency of any information on the Application, the Services, or any of its Services related products (including third party material and advertisements on the Application);
  - c. costs incurred as a result of you using the Application, the Services or any of the products of Heels Down Fitness; and
  - d. the Services or operation in respect to links which are provided for your convenience.

## **10. Competitors**

If you are in the business of providing similar Services for the purpose of providing them to users for a commercial gain, whether business users or domestic users, then you are a competitor of Heels Down Fitness. Competitors are not permitted to use or access any information or content on our Application. If you breach this provision, Heels Down Fitness will hold you fully responsible for any loss that we may sustain and hold you accountable for all profits that you might make from such a breach.

## **11. Limitation of liability**

- a. Heels Down Fitness's total liability arising out of or in connection with the Services or these Terms, however arising, including under contract, tort (including negligence), in equity, under statute or otherwise, will not exceed the resupply of the Services to you.
- b. You expressly understand and agree that Heels Down Fitness, its affiliates, employees, agents, contributors and licensors shall not be liable to you for any direct, indirect, incidental, special consequential or exemplary damages which may be incurred by you, however caused and under any theory of liability. This shall include, but is not limited to, any loss of profit (whether incurred directly or indirectly), any loss of goodwill or business reputation and any other intangible loss.

## **12. Termination of Contract**

- a. The Terms will continue to apply until terminated by either you or by Heels Down Fitness as set out below.
- b. If you want to terminate the Terms, you may do so by:
- c. Heels Down Fitness may at any time, terminate the Terms with you if:
  - a. you have breached any provision of the Terms or intend to breach any provision;
  - b. Heels Down Fitness is required to do so by law;
  - c. the provision of the Services to you by Heels Down Fitness is, in the opinion of Heels Down Fitness, no longer commercially viable.
- d. Subject to local applicable laws, Heels Down Fitness reserves the right to discontinue or cancel your membership at any time and may suspend or deny, in its sole discretion, your access to all or any portion of the Application or the Services without notice if you breach any provision of the Terms or any applicable law or if your conduct impacts Heels Down Fitness's name or reputation or violates the rights of those of another party.

## **13. Indemnity**

- a. You agree to indemnify Heels Down Fitness, its affiliates, employees, agents, contributors, third party content providers and licensors from and against:

- a. all actions, suits, claims, demands, liabilities, costs, expenses, loss and damage (including legal fees on a full indemnity basis) incurred, suffered or arising out of or in connection with Your Content;
- b. any direct or indirect consequences of you accessing, using or transacting on the Application or attempts to do so; and/or
- c. any breach of the Terms.

#### 14. Dispute Resolution

- a. Compulsory:

If a dispute arises out of or relates to the Terms, either party may not commence any Tribunal or Court proceedings in relation to the dispute, unless the following clauses have been complied with (except where urgent interlocutory relief is sought).

- b. Notice:

A party to the Terms claiming a dispute ('**Dispute**') has arisen under the Terms, must give written notice to the other party detailing the nature of the dispute, the desired outcome and the action required to settle the Dispute.

- c. Resolution:

On receipt of that notice ('**Notice**') by that other party, the parties to the Terms ('**Parties**') must:

- a. Within 7 days of the Notice endeavour in good faith to resolve the Dispute expeditiously by negotiation or such other means upon which they may mutually agree;
- b. If for any reason whatsoever, 7 days after the date of the Notice, the Dispute has not been resolved, the Parties must either agree upon selection of a mediator or request that an appropriate mediator be appointed by the President of Heels Down Fitness or his or her nominee;
- c. The Parties are equally liable for the fees and reasonable expenses of a mediator and the cost of the venue of the mediation and without limiting the foregoing undertake to pay any amounts requested by the mediator as a pre-condition to the mediation commencing. The Parties must each pay their own costs associated with the mediation;
- d. The mediation will be held in Melbourne, Australia.

- d. Confidential

All communications concerning negotiations made by the Parties arising out of and in connection with this dispute resolution clause are confidential and to the extent possible, must be treated as "without prejudice" negotiations for the purpose of applicable laws of evidence.



e. Termination of Mediation:

If Heels Down Fitness have elapsed after the start of a mediation of the Dispute and the Dispute has not been resolved, either Party may ask the mediator to terminate the mediation and the mediator must do so.

**15. Venue and Jurisdiction**

The Services offered by Heels Down Fitness is intended to be viewed by residents of Australia. In the event of any dispute arising out of or in relation to the Application, you agree that the exclusive venue for resolving any dispute shall be in the courts of Victoria, Australia.

**16. Governing Law**

The Terms are governed by the laws of Victoria, Australia. Any dispute, controversy, proceeding or claim of whatever nature arising out of or in any way relating to the Terms and the rights created hereby shall be governed, interpreted and construed by, under and pursuant to the laws of Victoria, Australia, without reference to conflict of law principles, notwithstanding mandatory rules. The validity of this governing law clause is not contested. The Terms shall be binding to the benefit of the parties hereto and their successors and assigns.

**17. Independent Legal Advice**

Both parties confirm and declare that the provisions of the Terms are fair and reasonable and both parties having taken the opportunity to obtain independent legal advice and declare the Terms are not against public policy on the grounds of inequality or bargaining power or general grounds of restraint of trade.

**18. Severance**

If any part of these Terms is found to be void or unenforceable by a Court of competent jurisdiction, that part shall be severed and the rest of the Terms shall remain in force.

Terms of use Updated by Heels Down Fitness April 2020